

## **SPIRITUAL TEMPERAMENT ASSESSMENT**

Respond to each statement on the Spiritual Temperament Assessment according to the following scale:

3 = Consistently, definitely true

2 = Most of the time, usually true

1 = Some of the time, once in a while

0 = Not at all, never

1. I flourish and grow through regular and significant relational experiences.  
I experience the most spiritual development when my mind is fully engaged.
2. I feel closest to God when I lift my voice to Him.  
I feel closest to God when I have used my full emotional, physical and spiritual potential for a worthy cause.
3. I feel most replenished when I get uninterrupted time alone with God.  
I feel energized when I am accomplishing specific tasks for the good of others.
4. I come alive when I am in the natural splendor of God's creation.
5. I find prayer easier when praying with a circle of other Christians.
6. I enjoy reading the Bible and studying theology.
7. The primary reason I go to church is to praise God.  
I prefer a challenge-intensive ministry where I am totally dependent on God.
8. I enjoy listening for the whispers of God and reflecting on His goodness.
9. I feel God's delight most intensely when I am doing His work.
10. Being outdoors replenishes me, moves me, and strengthens my faith.
11. My enthusiasm for the Bible increases in group study situations.
12. Once I am convinced intellectually, I have very strong convictions.
13. I feel the presence of God most intensely when I worship.
14. I prefer doing a ministry at a fast pace.
15. Quiet, stillness and listening are the keys to my soul.
16. I feel most connected to God when I am helping others in practical ways.
17. God's presence is very real to me when I am in nature.

\_\_\_\_\_ 22. I hear God best through the voice of others.

\_\_\_\_\_ 23. The more I learn and understand about God, the closer I draw to Him.

\_\_\_\_\_ 24. Many of my important life decisions have been facilitated through worship.

\_\_\_\_\_ 25. I feel God's pleasure when I mobilize groups to do great things for Him.

\_\_\_\_\_ 26. I find reflection and solitude come naturally for me.

\_\_\_\_\_ 27. If I'm not careful, I can focus more on tasks than people.

\_\_\_\_\_ 28. Beauty speaks to me about the goodness of God.

\_\_\_\_\_ 29. Being in community with others is a critical element in my spiritual growth.

\_\_\_\_\_ 30. I hear God best through reasoning and studying.

\_\_\_\_\_ 31. I experience God when Christians come together and praise God.

\_\_\_\_\_ 32. I like to move in the church with speed, urgency and passion.

\_\_\_\_\_ 33. I hear God best in silence.

\_\_\_\_\_ 34. I need to have a meaningful place of service to offer up to God.

\_\_\_\_\_ 35. I am able to connect the activity in nature to the attributes of God.

## **SPIRITUAL TEMPERAMENT SCORING**

Transfer the numbers from the previous questions to this grid and calculate the total for each column.

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	32	33	34	35
Total:						
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>	<b>G</b>